

Band Camp Survival List

Sunblock (spf 30 or higher!)
Bug Spray
WATER
Gatorade (optional)

Jacket/sweatshirt (Be ready for rain!)
Hat
Sunglasses
****SNEAKERS****

Instrument (in good working condition)
Binder ready for music
Pencil
Lip Balm/DCT

Dinner- We will have 1 hour for dinner. It is strongly recommended that students stay at the High School during dinner break.

Breaks- We will have a few longer breaks in which you may have a snack, relax, and refuel before the next session. Please bring snacks to eat during those times.

*You will be outside for long periods of time! **Please eat breakfast and lunch before you come to rehearsal.** Drink water on all water breaks and keep yourself hydrated. Please refrain from drinking soda or energy drinks. Energy drinks are not allowed on the front side line. You must have water or Gatorade.

*Please adhere to the school dress code during Band Camp.

*Be ready for all types of weather!

*Watch the weather forecast to help you determine what would be appropriate to bring/wear that day.

*Students not wearing proper foot attire will not be allowed to participate. Please wear sneakers that tie and fit properly! **Loose fitting fashion sneakers do not count!!!**